



Easter at home

Confusion: Last Supper

Session plan

Please use this session in the most helpful way for you. You can make it an afternoon together or a 5-10 minute reflection before bed or whatever works for you. Do it all in one go or little bits over time. You can choose one response you most want to do or do a few over the week.

The choice is yours, so use it to add to your Lent and Easter time together for enjoyment not as an added burden!

We have provided:

1. Introduction
2. Story
3. Thought
4. Questions
5. Response ideas
 - Song
 - Playdough
 - Craft
 - Baking
 - Outside
6. Prayer



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Introduction

Jesus was heading into Jerusalem for a special holiday called Passover. Passover included doing special things and eating special foods to remember how God had saved them from slavery in Egypt a long long time ago.

Story

The story is from a book of the Bible called Luke (22:14-23)

- [Click to read](#)
- [Click to watch](#)

Thought

The disciples (Jesus' closest friends) had followed Jesus for three years, but they spent a lot of time being confused by the things he said and did. As he shared bread and wine and talked about not having another drink or asking them to remember him and then started to talk about one of them turning against him, they must have wondered what Jesus was talking about! Judas probably had very different feelings as he was that person...had he realised Jesus would know everything?

This was not the first or the last time the disciples will have been confused or worried. All of us get confused over things that are said or that someone does or just things that happen! But God is the same, he doesn't change, so even when we are confused or worried we can trust God.



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Questions

Take a moment to pause and think about these questions. You might talk about them sat on the sofa, while doing one of the response ideas or over lunch. Make sure everyone has the chance to share their thoughts and remember there are no wrong answers.

- How do you think Jesus' friends felt?
- What might Judas have been thinking about?
- When have you felt confused?
- How do you feel when you don't understand something?

Response ideas

There are five ideas of how you might respond as a family. If you are doing the whole series you may follow the same type of response or different ones. You can just choose one or a couple.

Do have a look in advance at what you might need, but be creative and use what you have.

Song

Click for [One Way Jesus](#).

Playdough: Happy faces

Using something tactile can be a great way of thinking and talking about the story. Use your play dough to recreate Jesus' meal and then create your own special meal.

If you have a printer, you might like to print out this playdough mat to help focus and chat together.

[Click here](#) to download the playdough mat.



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Craft: Guilty coins

Judas was paid 30 silver coins for turning Jesus in. But those coins didn't bring him happiness or joy they brought feelings of guilt and regret.

You will need:

- Paper
- Pencil/wax crayons
- Silver coins



Step 1. Place your coins underneath your paper.

Step 2. Hold your pencil or wax crayon on its side and rub it over the top of the coins.

Step 3. Cover your paper with 30 coin rubbings. Next to each one write down a time when you have been upset or confused by something or how it made you feel.

Step 4. With your paper in your hand, pray that God can help us to let go of tricky feelings and place our trust in Him.

Step 5. Screw up your piece of paper and throw it in the recycling!



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Baking: Baking bread

A simple recipe to make together and eat! The key is to leave your bread to rise somewhere warm or to leave it for longer! This one can be found in lots of places but we particularly like the flower pot and topping ideas. [Click here](#) for the full idea. We also added a sneaky 200g of grated cheese as we were mixing in the water.

Ingredients:

- 500g strong flour (granary, white or wholemeal). Plus some for dusting the table.
- 7g sachet fast action dried yeast
- 300ml warm water
- 1 teaspoon salt
- 2 tablespoons olive oil
- 1 tablespoon of clear honey
- Milk for brushing on top.
- Optional toppings ([Click here](#))

You will also need:

- Mixing bowl
- Wooden spoon
- Baking tray



1. Put the flour, yeast and salt into a bowl.
2. Pour in the warm water, oil (and honey) and mix until it comes together.
3. Put a little flour onto the table and tip your dough on top.
4. Knead the bread for 10 minutes, until it is stretchy and smooth. Kneading basically means punching, rolling, stretching and pushing.
5. Divide the dough into 6 pieces and roll them into balls (or any shape you want)
6. Put them onto the tray or into the tins you are using.
7. Cover them with a damp tea towel (that isn't touching the dough) and leave them in a warm place for 1 hour. Try to be patient and not peek too much as it lets the warmth out.
8. When the dough has doubled in size, heat your oven to 200°C.
9. Brush with milk and add any toppings you want.
10. Cook for 20-25 minutes until they are risen and golden.
11. Leave a few minutes before tipping them out and cool before eating.



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Outside: Letting go of worry

We get confused because life is not simple. As we grow we have new things to learn and understand. This brings new joys but also new worries and confusions.

Jesus said "Look at the birds in the air. They don't plant or harvest or store food in barns. But your heavenly Father feeds the birds. And you know that you are worth much more than the birds." *Matthew 6:26 (ICB)*

What are you worried or confused about? I wonder whether you can trust God with it?

Head out and see if you can find homes and food that God has put out for the animals. You might even see some of the animals!



Prayer

King Jesus,

Thank you for staying the same so that when we are confused or worried we can come and tell you about it.

Please help me to understand/stop worrying about....

Amen.