



Easter at home

Youth

Session plan

This is a simple plan that is designed to be expanded on depending on the interests of the youth or group that you are doing this with.

Each session has:

- Video reading (and reference to read yourself)
- Questions to consider or discuss
- Response ideas
 - Song
 - Outside
 - Cooking
 - Creative (these ideas are the same each session)

You can find other ideas that you can use with younger children or creative families [here](#). You can use this resource and our website to create session for you and your household/group. Take as much or as little as you need and adapt whatever you want.

You may want to combine it with the community trail too. You can join in locally or use the resource in your home or group. [Click here](#).



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Youth

Session 1: Excitement

Reading

This part of the story comes from Luke 19:30-40

- [Click to read](#)
- [Click to watch](#)

Questions

Take a moment to pause and think about these questions. You might do these by themselves or while doing one of the responses activities. Remember that everyone has a voice and should be given an opportunity to share. You don't need to do all the questions. Choose the ones for you.

- What do you get excited about?
- What do you do when you are excited?
- Would you have recognised Jesus the king?
- How would you welcome Jesus?
- What are you most looking forward to?
- What do you think the disciples were expecting to happen?

Response

Song: [Majesty \(O the mystery\) sung by Josh Gauton](#)

Outside: Spring is about new beginnings but it can sometimes look dull and dreary and not exciting at all...unless we look closely. Go for a walk looking for things that are exciting, beautiful or different. Share a photo with someone.

Cooking: Sometimes we need to make our own plans to look forward to. Plan and cook a nice meal to sit down and share with your household. If you don't want to cook, what can you do to create a celebration?

Creative: Draw this part of the story. Imagine you were there and rewrite the story. Write down a key verse or words that stood out to you and decorate it.



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Session 2: Confusion

Reading

This part of the story comes from Luke 22:14-23

- [Click to read](#)
- [Click to watch](#)

Questions

Take a moment to pause and think about these questions. You might do these by themselves or while doing one of the responses activities. Remember that everyone has a voice and should be given an opportunity to share. You don't need to do all the questions. Choose the ones for you.

- How do you think Jesus' friends felt?
- What might Judas have been thinking about?
- When have you felt confused?
- How do you feel when you don't understand something?
- What would you most like someone to explain to you?
- How can God help in a world of confusion?

Response

Song: [Come as you are by Crowder](#)

Outside: Our lives are rarely simple. Jesus said "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" (Matthew 6:26). Go outside and deliberately look for simplicity and complexity as you go.

Cooking: Bake bread to remember the last supper. [Click here](#) for a recipe.

Creative: Draw this part of the story. Imagine you were there and rewrite the story. Write down a key verse or words that stood out to you and decorate it.



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Session 3: Fear

Reading

This part of the story comes from Luke 22:47-53

- [Click to read](#)
- [Click to watch](#)

Questions

Take a moment to pause and think about these questions. You might do these by themselves or while doing one of the responses activities. Remember that everyone has a voice and should be given an opportunity to share. You don't need to do all the questions. Choose the ones for you.

- How would you have felt in the garden?
- How might Jesus have felt talking to God?
- What makes you scared, worried or fearful at the moment?
- How would you feel if you gave your fears to God?
- What do you fear?
- What can overcome fear?

Response

Song: [Oceans by Hillsong](#)

Outside: Letting go of fear and anxieties is not always easy. We can always talk to God, but sometimes we need to give them to God while we are out and about. You might go puddle jumping, for a run or just head for a walk when we feel ourselves being fearful. Try talking to God as you go.

Cooking: Not quite cooking. Grab a bag of skittles or sweets with these colours. Take turns to choose a sweet. You can pray out loud or silently.

- Red – Say sorry to God for something.
- Purple – Tell God something you fear.
- Green – Ask God to help someone you know.
- Orange – Tell God about something in the news.
- Yellow – Is there something you want God's help with?

Creative: Draw this part of the story. Imagine you were there and rewrite the story. Write down a key verse or words that stood out to you and decorate it.



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Session 4: Sadness

Reading

This part of the story comes from Luke 23:32-34, 44-49

- [Click to read](#)
- [Click to watch](#)

Questions

Take a moment to pause and think about these questions. You might do these by themselves or while doing one of the responses activities. Remember that everyone has a voice and should be given an opportunity to share. You don't need to do all the questions. Choose the ones for you.

- Where would you have been when Jesus died?
- What might his friends have done that evening?
- When have you felt sad or let down?
- Who looks after you when you are sad?
- What have you most missed in the last year?
- How can God change that?

Response

Song: [Rescuer by Rend Collective](#)

Outside: Life and death is all around us. Go outside and look for something that is dead and ask each other 'How can this bring life?'

Cooking: A tasty reminder that Jesus came and died so we can be forgiven. Chocolate and jam biscuits. [Click here](#) and scroll down to 'Bake: Change our hearts' for the recipe.

Creative: Draw this part of the story. Imagine you were there and rewrite the story. Write down a key verse or words that stood out to you and decorate it.



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Session 5: Joy

Reading

This part of the story comes from Luke 24:1-9

- [Click to read](#)
- [Click to watch](#)

Questions

Take a moment to pause and think about these questions. You might do these by themselves or while doing one of the responses activities. Remember that everyone has a voice and should be given an opportunity to share. You don't need to do all the questions. Choose the ones for you.

- If you had been with the women, what would you have said to Jesus?
- How do you think the disciples felt hearing that Jesus was alive?
- How does it feel that Jesus means you can always be forgiven?
- Who would you share the news with?
- What brings you joy?
- What does the Easter story mean to you?

Response

Song: [Way Maker by Leeland](#)

Outside: Just go outside, walk together, enjoy being in God's world with the people God has placed you with. Perhaps talk about the questions on the walk.

Cooking: Disappearing marshmallow scones. This is a fun and tasty recipe to remind ourselves that the tomb was empty because Jesus had risen. If you can make it work properly...do let us know! [Click here](#) scroll down to 'Bake: Empty tomb scones' to give it a go.

Creative: Draw this part of the story. Imagine you were there and rewrite the story. Write down a key verse or words that stood out to you and decorate it.